

Melon Soup

Also Known As

The Colonel's crenshaw soup

Course	Yield	Type of Food	Main Ingredient
Soup	4 servings	Melon	Melon

Comments

This is a delicious chilled soup. I have served in the summer and in the winter as a light accent to an otherwise heavy winter meal.

Prep Time 15 minutes

Cooking Time

Ethnic Origin American

Pre-Heat? Yes **Temperature** **Grease Pan?** Yes

Measure	Ingredient	Measure	Ingredient
1 large	melon, either crenshaw or cantelope or 2 small melons		
6 oz.	heavy cream		
.5 cup	honey		
2 Tbs.	fresh mint leaves, chopped		
	nutmeg		
	Optional		
2 Tbs.	thyme, chopped fine		

Instructions

Peel melon and cut into bite sized chunks.

Put ingredients in order into a blender and puree until smooth.

Chill & serve with a little fresh ground nutmeg on the surface.

Optional

Add a sprig of mint to garnish.